

1 out of 2 people with diabetes remain undiagnosed COULD YOU SPOT THE WARNING SIGNS?

SYMPTOMS OF TYPE 1 DIABETES		SYMPTOMS OF TYPE 2 DIABETES	
	normal thirst and / mouth		Excessive thirst and dry mouth
Fre	equent urination		Frequent and abundant urination
	ck of energy, tigue	zzZ	Lack of energy, extreme tiredness
Blu	urred vision		Blurred vision
Co	nstant hunger		Recurrent fungal infections of the skin
Su	dden weight loss		Slow healing wounds
Be	d-wetting	Z Z Z Z Z	Tingling or numbness in hands and feet



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